
Abbreviated curriculum vitae: Claire de Koker

BSc Dietetics (hons) (Stellenbosch University), MSc Paediatric Dietetics (Plymouth University)

Member of HPCSA, ADSA, HCPC-UK

EMPLOYMENT HISTORY:

1. **August 2016 – February 2017: Centre for Medical Ethics and Law, Faculty of Medicine and Health Sciences, University of Stellenbosch.**
Researcher: Qualitative research involving in-depth interviews, data analysis, and development of community engagement research projects for both studies.
2. **September 2016 – Present: Erica Jankovich & Associates – Digestive health dietitians**
Ad hoc private practice dietitian specialising in dietetic management of adults, and in particular children, with IBS, using the low FODMAP dietary approach.
3. **November 2015 – July 2016: Relocation from London, UK to Cape Town, South Africa.**
4. **October 2012 – October 2015: Chelsea and Westminster Hospital NHS Foundation Trust, London, UK**
Highly Specialist Paediatric Gastroenterology Dietitian, covering paediatric gastroenterology in- and outpatients, as well as the neonatal ward (ICU, HDU and SCBU).
5. **December 2010 – October 2013: Great Ormond Street Hospital for Children NHS Foundation Trust, London, UK**
Specialist Research Dietitian Band 7, conducting research in the field of paediatric gastroenterology with a specific interest in the burden of non-IgE mediated food allergies. Studies include a prospective observational study investigating the effect of non-IgE mediated food allergies, as well as a multi-centre study investigating lactose intolerance in children with non-IgE-mediated cow's milk protein allergy.
6. **July 2009 – November 2010: Great Ormond Street Hospital for Children NHS Foundation Trust, London**
Specialist Paediatric Dietitian, covering gastroenterology inpatients and outpatients including Crohn's disease, home intravenous nutrition patients, Coeliac disease, GI diseases of unknown cause, complex food allergy, short bowel syndrome (parenteral and enteral nutrition).
7. **November 2006 – June 2009: Alder Hey Children's NHS Foundation Trust, Liverpool, UK**
 1. Band 6 paediatric dietitian: Rotational post covering various areas including general medicine, cardiology, cystic fibrosis and covering the oncology ward for 1 year.
 2. From March 2008: Band 7 advanced paediatric dietitian, covering paediatric gastroenterology and oncology wards
8. **July – October 2006: Locum dietitian**
9. **February – July 2006: Relocation to the UK, non-dietetic administration work as well as live-in caring work.**
10. **January – December 2005: South African Military Health Services: General Dietitian, Port Elizabeth, SA**
Community service year covering outpatient caseloads.

MASTERS DEGREE:

Thesis: Evaluation of the nutritional adequacy of a diet low in fermentable oligosaccharides, disaccharides, monosaccharides and polyols (FODMAP's) in children with functional gastrointestinal disorders.

Awarded the Mead Johnson Prize for the Master's Degree in Paediatric Dietetics dissertation with the highest overall mark (2014)

RECENT PRESENTATIONS:

- October 2016: Lectures & exam questions prepared for UCT postgraduate dietetic students on paediatric nutrition:
 - Diarrhoeal disease / Oncology / Cardiology / Neurology
- May - July 2015 at various courses: the use of a low FODMAP diet in children with functional GI disorders.
- March 2015: Dietary management of gastro-oesophageal reflux disease and eosinophilic oesophagitis
- SSPGHAN Nov 2014: a low FODMAP diet in children with functional GI disorders
- ESPGHAN June 2014: The use of a low FODMAP diet in children with functional GI disorders
- February 2013, Basel, Switzerland. Teaching course for Swiss dietitians on general dietetics:
 - Nutritional requirements / Enteral nutrition / Constipation / Oncology

RESEARCH AND PUBLICATIONS:

Meyer R, **De Koker C**, Dziubak R, Godwin H, Reeve K, Chebar Lozinsky A, Foong R, Skrapac AK, Ellmer M, Shah N. *Home Challenges in Non-IgE Mediated Gastrointestinal Food Allergy - Trials and Tribulations*. In submission – Pediatric Allergy and Immunology.

Chebar Lozinsky A, Meyer R, **De Koker C**, Dziubak R, Godwin H, Reeve K, Dominguez Ortega G, Shah N. *Time to symptom improvement using elimination diets in non-IgE mediated gastrointestinal food allergies*. Pediatric Allergy and Immunology. 2015 May.

Meyer R, **De Koker C**, Dziubak R, Skrapac AK, Godwin H, Reeve K, Chebar-Lozinsky A, Shah N. *A practical approach to vitamin and mineral supplementation in food allergic children*. Clinical and Translational Allergy. 2015 Mar 10;5:11.

Meyer R, **De Koker C**, Dziubak R, Godwin H, Dominguez-Ortega G, Shah N. *Dietary elimination of children with food protein induced gastrointestinal allergy - micronutrient adequacy with and without a hypoallergenic formula?* Clinical and Translational Allergy. 2014 Oct 3;4(1):31.

Domínguez-Ortega G, Borrelli O, Meyer R, Dziubak R, **De Koker C**, Godwin H, Fleming C, Thapar N, Elawad M, Kiparissi F, Fox AT, Shah N. *Extraintestinal manifestations in children with gastrointestinal food allergy*. Journal of Pediatric Gastroenterology and Nutrition. 2014 Aug;59(2):210-4.

De Koker CE, Shah N, Meyer R. *The differences between lactose intolerance and cow's milk protein allergy*. Journal of Family Health Care. 2014 Jan-Feb; 24(1):14-8, 20.

Meyer R, **De Koker C**, Dziubak R, Dominguez-Ortega G, Cutts R, Yerlett N, Skrapac A, Fox AT, Shah N. *Malnutrition in children with food allergies in the UK*. *Journal of Human Nutrition and Dietetics*. Journal of Human Nutrition and Dietetics, August 2012.

Meyer RM, **Schwarz CE**, Shah N. *A review on the diagnosis and management of Food-induced gastrointestinal allergies*. Current Allergy and Clinical Immunology, March 2012 vol 5:21.

K E Petrie, S D Schmidt, **C E Schwarz**, H E Koornhof, D Marais. *Knowledge, attitudes and practices of women regarding the prevention of mother-to-child transmission (PMTCT) programme at the Vanguard Community Health Centre, Western Cape – a pilot Study*. South African Journal of Clinical Nutrition 2007 vol. 20 no. 2
